



# Bonnie Doon Community League

## Upcoming Programs & Events

### Home Alone Kids First Aid

We are hosting three Home Alone and Kids First Aid Courses for kids 10-14 years old. November 19 from 10 a.m. to 2 p.m. and Dec 3 from 8 a.m. - noon and 1 p.m. - 4 p.m. Teacher and course materials provided by Kidproof Safety. All sessions are at Bonnie Doon Hall and are filling up fast. Cost is \$55 + GST. To register and for more information, go to [www.homealonecourse.eventbrite.com](http://www.homealonecourse.eventbrite.com).

### Yoga

Join us for hatha yoga on Wednesday evenings. The next 10 week session begins Sep. 27. Bonnie Doon Hall, 7:15 - 8:30 p.m. Classes are suitable for all abilities from beginners to those more familiar with yoga. Instructor is Bonnie Doon resident Jen Martin. Cost: Community league members: \$10/class, \$80 for the entire session. Non members: \$13/class, \$110 for the entire session. Drop in students are welcome.

### Playgroup

Parents and kids under the age of six are invited to our playgroup at Bonnie Doon Hall Tuesday mornings during the school year, 9 a.m. to 11 a.m. No cost, but a community league membership is required.

### Winter Green Shack

A Winter Green Shack program will run November 13th to December 6th. Kids between the ages of six and 12 are invited to participate in free activities, including sports, games and crafts. Bonnie Doon Park, Monday's and Wednesday's from 3.30 p.m. - 6 p.m. and on Saturdays from 1 p.m. - 5 p.m.

### Family Movie Night

Our next family movie night is Friday, November 3, 6:30 p.m. at Bonnie Doon Hall. Bring your blanket, sleeping bag, pillow or folk fest chair to enjoy The Boss Baby. Suggested donation of \$5/person, \$20/family. Popcorn and drinks will be for sale. For more information, contact [info@bonniedoon.ca](mailto:info@bonniedoon.ca)

### Potluck

Let's get together for a potluck supper at Bonnie Doon Hall, Sunday, November 19 from 5 to 7 p.m. Bring a dish to share and plates and cutlery. A great way to get to know your neighbours!

### Christmas Party

Celebrate the festive season at our Christmas party, Saturday December 2!

### Community Swims

Bonnie Doon Community League is providing members with free community swims at Hardisty Fitness and Leisure Centre and Commonwealth Recreation Centre for the 2017/18 league membership season. Bring your community league membership card for free entry to these facilities during community swim times. Hardisty hours - Saturdays 1:15 p.m. - 2.45 p.m. Commonwealth hours - To Be Announced

### Casino Volunteers Needed

Bonnie Doon Community League is slated for a casino on Monday and Tuesday, February 12 & 13, 2018. This event is our largest single funding source and could bring in up to \$70,000 to support community league programs. But we need approximately 40 volunteers to run the casino. Please consider helping out. You can sign up for the casino online now by visiting [bonniedoon.ca](http://bonniedoon.ca) and going to the "BDCL Casino" story.

### **Folk Fest Parking Committee**

Several years ago the City of Edmonton put parking restrictions in place in Bonnie Doon during the Folk Music Festival. The Bonnie Doon Community League is tasked with the job of administering the distribution of Folk Fest parking permits. We are looking for a few volunteers to take on this responsibility. If you live in the areas north of 92<sup>nd</sup> Avenue that are affected by the parking restrictions, please consider helping out with this important job. Contact [president@bonniedoon.ca](mailto:president@bonniedoon.ca).

## **Seniors News**

### **T'ai Chi Chih**

The T'ai Chi Chih program runs Mondays until December 18 from 10:30 - 11:45 a.m. at Bonnie Doon Hall, 9240 93 Street. Fees are \$60 for the term, or \$10 per session. Anyone with prior T'ai Chi Chih training is welcome to join. Beginners are invited to start a seven-session class offered in November, on select Mondays and Wednesdays. Dates are: November 1, 6, 8, 15, 20, 22 and 27. Classes are led by Tamara Zujewskyj-Brese, a certified instructor. Fees are \$60. This class starts at 10 a.m. The hall opens at 9:45. Pre-registration is requested by October 15 by phoning 780-469-1179. Community League Membership is required by all participants.

### **Films & Lunch**

Watch free National Film Board documentaries at 10:30 a.m. at Bonnie Doon Hall, followed by a light lunch at 11:45 a.m. for \$2 per person. Thursday, September 21 - Paper Wheat. Thursday, October 19 - Carts of Darkness. Documentaries are paired with short animated films which provide opportunities for lively discussions over lunch. Bonnie Doon Hall, located at 9240 93 Street, is wheelchair accessible. All seniors are welcome. Phone Margaret at 780-982-8735 if you require further information.

### **Memories of Bonnie Doon**

Memories of Bonnie Doon, a book commemorating the 100th anniversary of Bonnie Doon Community League, will be published in 2018. The book is a collection of reminiscences of past and present residents of Bonnie Doon. Finishing touches are being put on the book's manuscript. Watch for updates.

### **Benefits of Bonnie Doon Community League**

- A great way to meet your neighbours
- Free admission during community swims
- Free skating at Bonnie Doon rink
- Community soccer
- Fun social events and programs
- A voice in your community's development
- Playgroup for pre-schoolers
- Reduced fees for the league's recreational programs

**If you have any questions about the league or would like to get involved, please contact us:**

Email: [info@bonniedoon.ca](mailto:info@bonniedoon.ca)

Visit us online at [bonniedoon.ca](http://bonniedoon.ca)

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